

11/25/23 Gauteng Equipped Powerlifting Championships 2023-24

Women	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best lifters	IPF GL Points	Place	Qual for SA
Junior	Marianka Fourie		F-J	74,80	76	2002	75,0	85,0	95,0	95,0	50,0	-55,0	55,0	55,0	110,0	120,0	127,5	127,5	277,5	Best Junio	45,86	1	Q
Open	Carol Anthony	SoS	F-O	55,60	57	1966	105,0	115,0	122,5	122,5	50,0	52,5	55,0	55,0	105,0	-115,0	115,0	115,0	292,5		56,96	1	Q
	Megan Leighton	1610	F-O	61,25	63	1996	140,0	150,0	-155,0	150,0	45,0	55,0	65,0	65,0	125,0	140,0	150,0	150,0	365,0	Best Open	66,97	1	Q
	Lize-Mari de Beer		F-O	81,80	84	2000	95,0	105,0	115,0	115,0	55,0	60,0	-65,0	60,0	105,0	115,0	-125,0	115,0	290,0		46,10	1	
	Jacqui Rees	1610	F-O	91,70	84+	1980	75,0	85,0	-90,0	85,0	112,5	115,0	120,0	120,0	112,5	120,0	125,0	125,0	330,0		50,24	1	Q
Master 1	Kelly Brannan	SoS	F-M1	68,05	69	1981	95,0	105,0	-110,0	105,0	67,5	70,0	72,5	72,5	120,0	132,5	-140,0	132,5	310,0	Best Master 1	53,67	1	Q
	Jodi Poxon	1610	F-M1	78,60	84	1975	97,5	105,0	110,0	110,0	60,0	62,5	65,0	65,0	100,0	110,0	115,0	115,0	290,0		46,88	1	Q
	Jacqui Rees	1610	F-M1	91,70	84+	1980	75,0	85,0	-90,0	85,0	112,5	115,0	120,0	120,0	112,5	120,0	125,0	125,0	330,0		50,24	1	Q
Master 2	Carol Anthony	SoS	F-M2	55,60	57	1966	105,0	115,0	122,5	122,5	50,0	52,5	55,0	55,0	105,0	-115,0	115,0	115,0	292,5	Best Master 2	56,96	1	Q
Master 3	Heather Leighton	1610	F-M3	69,65	76	1964	80,0	87,5	92,5	92,5	37,5	42,5	-45,0	42,5	82,5	90,0	97,5	97,5	232,5	Best Master 3	39,78	1	Q

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Men	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best lifters	IPF GL Points	Place	Qual for SA
Subjunior	Alex Collocott	EMET	M-SJR	69,40	74	2008	120,0	130,0	140,0	140,0	80,0	87,5	92,5	92,5	125,0	150,0	-165,0	150,0	382,5		49,47	1	Q
	Jean-Pierre Blom	SoS	M-SJR	94,60	105	2006	202,5	212,5	-217,5	212,5	105,0	110,0	115,0	115,0	200,0	212,5	217,5	217,5	545,0	Best Subjunior	58,59	1	Q
Junior	Sean Britz		M-JR	92,85	93	2003	225,0	235,0	240,0	240,0	125,0	135,0	140,0	140,0	200,0	220,0	235,0	235,0	615,0		66,75	1	Q
	Justin Furman	Bull	M-JR	117,40	120	2001	260,0	270,0		270,0	145,0	-152,5	152,5	152,5	260,0	280,0	-290,0	280,0	702,5	Best Junior	68,48	1	Q
Open	Haroun Pietersen	SoS	M-O	117,30	120	1987	275,0	305,0	322,5	322,5	195,0	-205,0	205,0	205,0	260,0	277,5	-295,0	277,5	805,0	Best Open	78,49	1	Q
Master 2	Johnny Dam		M-M2	92,30	93	1969	205,0	220,0	230,0	230,0	160,0	170,0		170,0	230,0	240,0	250,0	250,0	650,0	Best Master 2	70,77	1	Q
	Jerry Botha	1610	M-M2	93,20	105	1974	185,0	200,0	-205,0	200,0	140,0	150,0	152,5	152,5	175,0	220,0	-245,0	220,0	572,5		62,02	1	Q
	Mark Phillips	GMBC	M-M2	96,90	105	1968	160,0	180,0	200,0	200,0	100,0	115,0	-122,5	115,0	175,0	200,0	220,0	220,0	535,0		56,82	2	Q
	Hermanus de Beer		M-M2	114,80	120	1970	160,0	180,0	200,0	200,0	155,0	160,0	170,0	170,0	230,0	250,0	270,0	270,0	640,0		62,95	1	Q
	Ian Furman	Bull	M-M2	127,25	120+	1967	160,0	170,0	180,0	180,0	165,0	172,5		172,5	180,0	200,0		200,0	552,5		52,25	1	Q